

#### Guideline for Contributors

The Pakistan Journal of Clinical Psychology publishes contributions of professionals to the field of clinical psychology with the emphasis on originality, innovation and increase in scientific knowledge. Aim of the Journal is to focus on the psychological problems, assessment, treatment, etiology, intervention and on other relevant comparisons and factors involved in psychopathology. Innovative or interdisciplinary approaches developing the association between clinical psychology and other disciplines are particularly considered.

The Journal invites the following types of contributions:

- Empirical Research Papers
- Surveys
- Theoretical Papers
- Articles/Books Review
- Brief Reports and Comments

#### Ethical Requirements

The Pakistan Journal of Clinical Psychology requires authors to pay due respect to the well-being and dignity of research participants. The ethical guidelines on conducting research with human participants carefully followed.

Authors are requested to avoid the use of prejudice or sexist language.

‘Authorship credit’ and ‘Principal authorship’ should be decided prior to conducting research.

Submission of a paper implies that it has not been published elsewhere and that is not being considered for publication in any other journal.

Authors alone are responsible for the opinion expressed and for the accuracy of the data contained in their articles.

#### Submission

The articles from outside Pakistan can be submitted through e-mail at [editorpjcp@gmail.com](mailto:editorpjcp@gmail.com); and [Pjcp@icpuok.edu.pk](mailto:Pjcp@icpuok.edu.pk). Authors have to submit three hard copies along with a soft copy (CD) of manuscript for publication to the Editor, Pakistan Journal of Clinical Psychology, Institute of Clinical Psychology, University of Karachi, 118, Block 20, Abul-Asar-Hafeez Jalindri Road, Gulistan-e-Jauhar, Karachi-75290, Pakistan. The authors are also required to submit a letter signed by all the authors along with their manuscript, clearly indicating about the sequence of authors, their qualification, designation and contacts.

#### Manuscript

All copies (laser copies or inkjet) must be clear, readable and printed on paper of good quality with double space between lines. The manuscript should be typed in MS Word. Articles should not exceed 5000 words without spaces, including references and notes; excluding tables (although the editor retains the discretion to publish papers beyond this length). All sheets must be numbered.

Manuscript should follow the sequence as Abstract; 960 characters should be included with the heading “Objectives; Design; Place and Duration of study; Subjects and Method; Results and Conclusion” on a separate sheet of paper.

Introduction with the basic aim of introducing the research focuses on the rationale for the study with appropriate and relevant similar work. Literature review on strictly pertinent matters should be cited, however, except of logical necessity, methodology of previous work and data should be avoided. Sample description, method of sampling, design of study, measures used (defined in detail to allow the replication of the study) should be described in this section. Further the procedure, operational definitions, statistical applications should also be mentioned. The measures and apparatus should be identified with author/publisher’s name and reference.

Results should be presented in a logical sequence in the text along with the tables and illustrations.

Tables should be comprehensible without reference to the text, should be typed in double spacing. Abbreviations should be explained at the end of article. Unnecessary background patterns, lines and shading should be avoided. Discussion should consist of author’s analysis of results, comments, arguments supported by identical work done by other authors as well as analysis of other similar work. Limitations, recommendations and suggestions can also be included in this part.

Citations in the text should quote the author’s last name and the year of publication such as Khalil (1985), or (Khalil, 1985); multiple citations should be given alphabetically rather than chronologically. If a work has two authors, cite both names throughout. In the case of references with three or more authors use all names on the first mention and et al. thereafter except in the reference list. In case of cross references, clear indication of cross referencing should be mentioned. Care should be taken to cite complete name of the journals, while writing the references.

**Note:** For guideline for tables and reference please consult the American Psychological Association (APA) publication manual (seventh edition)

#### Refereeing

The articles will be evaluated through anonymous peer reviews. Papers will normally be scrutinized and commented on by at least two independent expert referees in addition to the Editor or Associate Editor, usually the members of editorial board.

#### Post Acceptance

After the evaluation and acceptance of papers, articles are sent to authors via e-mail for corrections of manuscript but not for rewriting or the introduction of new material. The modifications and corrections suggested by the referees are usually related to technical matters, or the demands of the policy of the journal.

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